

## ANTI-BULLYING GUIDANCE FOR STAFF

Responsible: Director and Academic Director

Date Reviewed:

Review Period:
Approval Authority:

Director

External Release: Yes

The Company's Anti-Bullying Objectives:

- All students and staff to understand what bullying is and what the Kingfisher Education's anti-bullying policy is
- All students and staff know that bullying and abusive behaviour will not be tolerated
- All students and staff understand that bullying is taken seriously and acted upon

Bullying defined: Bullying is defined as "the use of superior strength or influence to intimidate (someone), typically to force them to do something." Bullying is essentially unwanted, aggressive behaviour that involves a real or perceived power imbalance. The behaviour is repeated, or has the potential to be repeated, over time and can be seen in both staff and student behaviour.

## Bullying can be:

- verbal (e.g. teasing, name-calling, inappropriate sexual comments, taunting, threats)
- physical (e.g. hitting, kicking, punching, pushing etc.)
- social (e.g. excluding people on purpose, spreading rumours, embarrassing others in public)
- It is often covert and may take the form of cyber-bullying (cameras, texts, emails, social media etc.). Harassment aggressive pressure or intimidation is a common form of bullying.

There are several forms of bullying that are illegal and will be reported to the police.

## These include:

- violence or assault
- theft
- repeated harassment or intimidation, e.g. name-calling, threats and abusive phone calls, emails or text messages
- hate crimes

## Possible signs of bullying (but not limited to):

- student becomes withdrawn, anxious, or displays reduced self-confidence
- student becomes disruptive or aggressive
- changes in the student's usual routine
- student starts stammering
- student has unexplained cuts or bruises
- student is bullying others
- student stops eating
- student is frightened and does not wish to speak to a member of staff
- student is afraid to use the internet or mobile phone
- student's possessions are getting damaged or go missing
- student is nervous & tense when he / she receives a cyber message
- student becomes very sensitive over any nationality/race issues

- student gives improbable excuses for any of the above
- student attempts or threatens suicide or runs away
- student is frightened of attending classes / sessions
- sudden decrease in performance during classes / sessions
- student wanting to skip classes / sessions or trying to find reasons to do so
- student cries themself to sleep at night, has nightmares or starts wetting the bed
- student regularly feels ill or develops mysterious injuries
- student refusing to get on excursion
- student regularly "looses" their pocket money
- student asks for money or starts stealing money / or other valuable items

Other issues may contribute to the signs and behaviours mentioned earlier; however, it's essential to consider bullying as a potential factor that warrants investigation.

Bullying is mostly about education – understanding what behaviours are acceptable versus those that constitute bullying. Different cultures may have varying perspectives; what one student perceives as playful banter might be deeply upsetting and hurtful to another.